



The Chad Allen Method

Studio Rental



Street View



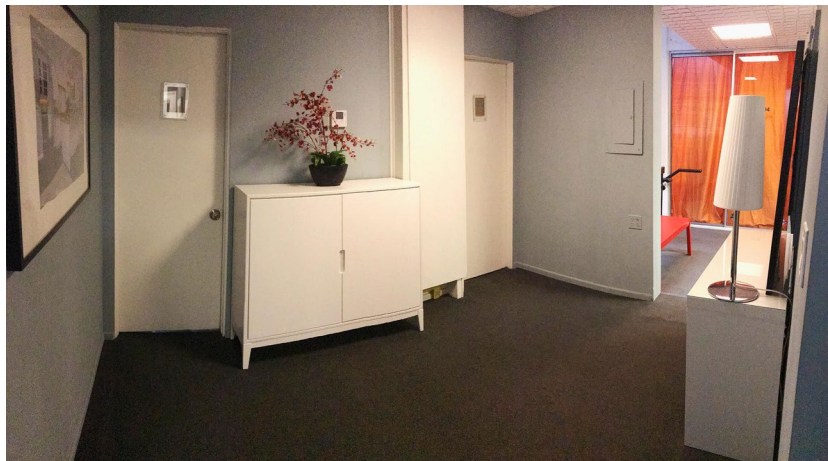
Main Entrance



Ground Level Lobby & Stairs

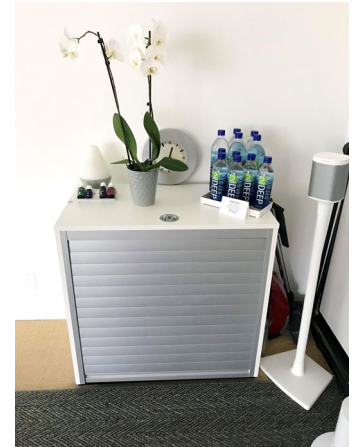
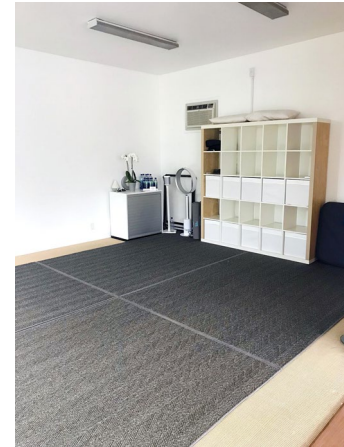


Cloud Level
Lobby



Front Office





Studio A





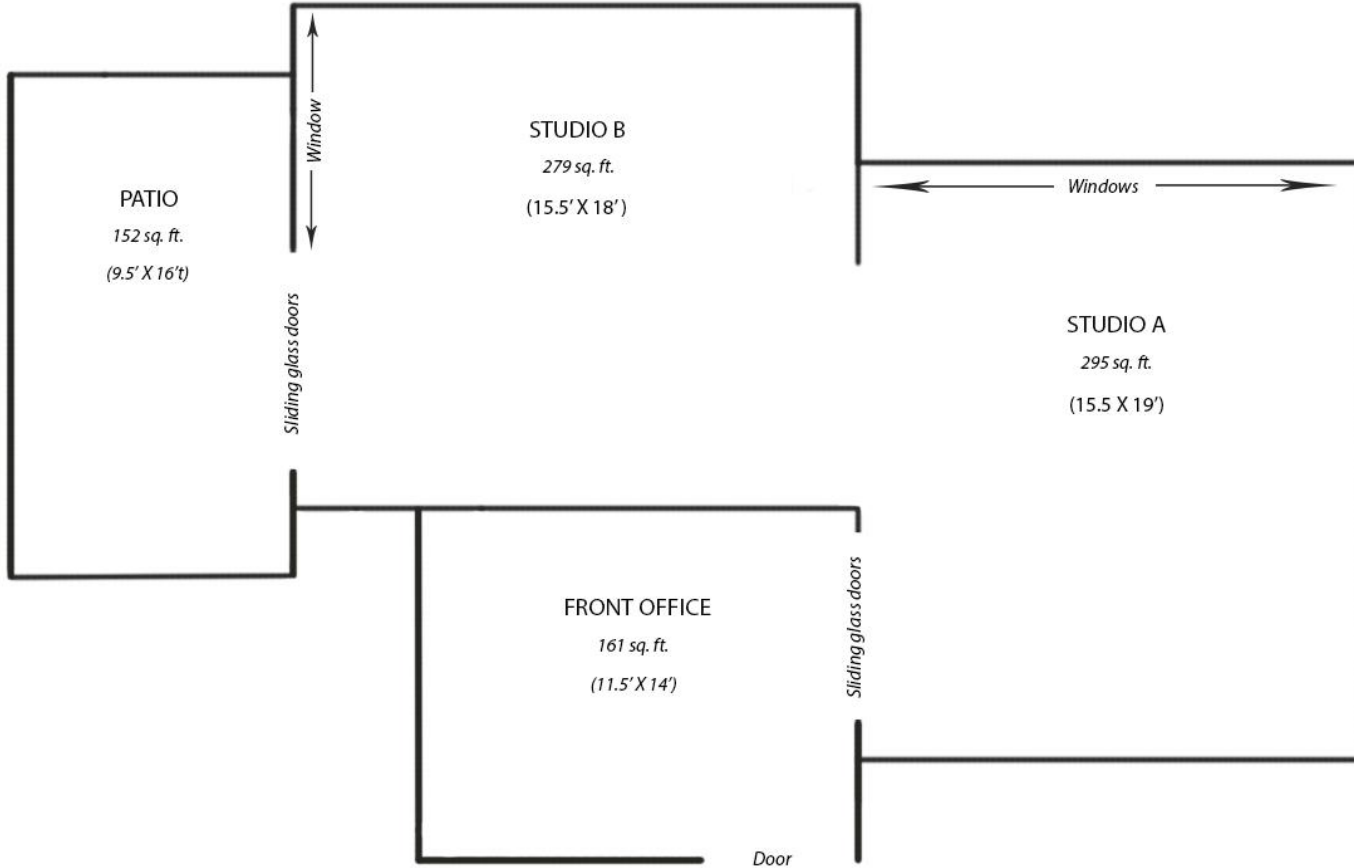
Studio B



Patio



Floor Plan



Information



Location

Welcome to ***The Chad Allen Method*** located in the heart of West Hollywood, the center of greater Los Angeles. You'll find us on the south side of one of the largest arteries in the city, Santa Monica Blvd. One street south of world famous Sunset Blvd and only minutes away from some of the most visited sites in LA, including Beverly Hills, Rodeo Drive, Sunset Strip, Melrose Ave., and the newly re-designed Beverly Center.

Our building is known in the area as simply '8440', an off-white mid-century building with a single lavender wall facing Santa Monica Blvd (Harmony Studios occupies the ground level). The address, '8440' will be over the entry door. There is a blade sign on the front of building, viewable from the sidewalk and the eastbound side of the street that lists our studio services 'Pilates, Power Plate, Foundation Training, Group Classes'. You will not see any visible signs for ***The Chad Allen Method*** on the building however '8440' is the correct place.

Parking

For event or appointment parking there is 2 hour metered parking directly in front of the studio on Santa Monica Blvd and two hour parking on our side streets - Croft and Alfred (see signs for restrictions). For longer appointments or a day event, the easiest uninterrupted parking is a public lot, two streets to our east on the corner of Santa Monica Blvd and Kings Road. The walk to our studio from there is less than 5 minutes.

Space



Upon entering the building from Santa Monica Blvd. move directly through the lobby, head up the staircase to the second floor, at the top of the stairs, turn right and move toward the open, solid white door (marked "**The Chad Allen Method**", Suite 203). We will be there to welcome you.

The studio consists of 2 adjoining rooms (in a kind of 'L' shape configuration), with carpeted floors, floor to ceiling windows, and a mirrored wall - totalling 565 square feet (refer to floor plan for details) - plus a wonderful outdoor patio and a front office. The unobstructed rooms (no columns) and 9 foot ceilings produce a vastness/openness effect. The large windows provide a lot of natural light as well as a soothing view, creating a peaceful, sanctuary-like feeling.
*Overhead fluorescent lighting is also available if more light is needed.

The space can very comfortably accommodate 16 people on mats (8 per room), and up to 24 (12 per room) if you don't mind the mats being closer together. Or 40-50 people seated on chairs (20-25 per room). Perfect for your next presentation, class or meeting.

Amenities

You are invited to bring light snacks and beverages during events, however we do not provide refrigeration or heating options.

You are welcome to use our mats (10) and cushions (3 large + 3 small) for your event, as well as our wireless speakers (for music/audio) and our WIFI connection.

We are also happy to provide up to 10 metal chairs and 2 folding tables (6' long) at no extra charge. Massage tables (2) available for a daily rental fee.



The space has heat as well as air conditioning, but we do not have a landline so please be prepared to use a cell phone for communication needs.

Restrooms (2) are located just outside the studio in the upstairs lobby area.

Please visit our site to see more photos of our space and to learn about our services: [The Chad Allen Method](#)

Feel free to contact our studio directly at any time via email: [Email TCAM](#) or by phone/text 323-639-0697.

Pricing

The fee for one studio (A or B) is \$35/hour**.

To Rent both rooms together, the fee is: \$60/hour.

The entire space is available to rent (private event/meeting) for the daily rate of \$500.

Cleaning fee for daily rentals is \$35.

Detailed information regarding fees and payment is included in the *Terms & Conditions* section.

** Please note that renting only one studio/room would leave the other available to other practitioners; they are separate spaces, but open to each other. For guaranteed complete privacy, be sure to rent both rooms.

Area



West Hollywood exemplifies LA's reputation for healthy and delicious food with more than 20 restaurants, juicery options, coffee shops and grocery stores, all a 5 minute walk. Arrive early for lunch and stay after for some delicious food.

Restaurants to explore:

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Starbucks

Coffee Bean and Tea Leaf

IHOP

Gelson's - *grocery store, has an extensive salad bar as well as hot buffet with wide selection of dishes*

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Earth Bar - *healthy juices, to-go sandwiches, salads, ect. and sandwiches*

Hugo's - *healthy and delicious, wide variety burgers and fries*

Basix - *california cafe, wide variety, full bar*

WeHO Cafe - *california cuisine, great breakfast*

Kitchen 24 - *all american, very popular, salads and sandwiches*

Niko Niko Sushi - *reliably good sushi. Not the sushi to change your life but good.*

Barney's Beanery - *West Hollywood landmark- traditional sports bar food and environment*

Tender Greens - *salads and delicious special*

Shake Shack - *NY chain, very popular,*

Marix - *Mexican, full bar*

Joeys Cafe

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La Boehme - *delicious upscale dining. Beautiful interior*

Palihouse - *Mardi Gras and Rooftop bar. Across the street with fantastic views of WeHo and LA.*

And many more on Sunset, La Cienega, Melrose and other nearby streets.